

Teaching Series Guide

Series Title & Tagline:

BLESS YOUR HEART
How to Deal with Difficult People

Approved Copy:

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Short Copy:

We've all got people in our lives that drive us crazy. From button-pushers and boundary-ignorers to havoc-wreckers and drama-seekers, these people test us like no other. If it's our relationships that determine the direction and quality of our lives, learning how to deal with difficult people can change the course of our life forever. Join us as we learn how to deal with these difficult people in a way that both honors God and brings peace and sanity back to our lives.

Long Copy:

We all have people in our lives that drive us absolutely crazy. From button-pushers and boundary-ignorers to havoc-wreckers and drama-seekers, these people test us like no other. If following Jesus means loving these people, where do we start?

What if the answer was just as much about who we are as who those people are? It's our relationships that determine the direction and quality of our lives, but relationships are hard. God uses us to grow other people and other people to grow us, so navigating these relationships are more important now than ever.

Join us as we learn how to deal with these difficult people in a way that both honors God and brings peace and sanity back to our lives.

Hashtag: #blessyourheart

Topics and Schedule:

Week 1 – It's not You, it's Me

Many of our relationships could be better if we exercised wisdom instead of frustration. Join us as we learn six ways to walk in wisdom as we build relationships and relate to others.

Week 2 – Hissy Fits and Hypocrites

Uncontrolled anger is an epidemic in our culture. From crazy drivers to angry waiters to mass shooters, people are struggling to manage their anger. Learn the signs and how to deal with the anger in you and in others.

Week 3 – Fixer Upper

Conflict is inevitable and it is vital that we know how to deal with it in a healthy and productive way. Learn what the ancient wisdom of the Bible says about how to work through conflict and build stronger relationships.

Week 4 – It's Complicated

We all know people that - no matter how hard we try - we just can't seem to make happy. They are just difficult, right? Learn this week how to set healthy boundaries for the difficult people in your life. They aren't going anywhere.

Week 5 – Keeping up with People Pleasers

God commands us NOT to just live for ourselves. The person who has no desire to please anyone is a sociopath and that's not a good thing. Even though our desire to please people can be good, left unchecked, it can become unhealthy - especially if we are putting people before God. Learn how to avoid the trap of becoming a people pleaser.

Week 6 – Disciple or Pharisee?

Some of the people Jesus spoke the most harshly to in the Bible were religious people. Those who inflated their own self-worth above others and ultimately above God. Learn what God has to say to each of us who think higher of ourselves than we should.

Week 7 – Intentional Relationships

Every person we come into contact with is either working to build up our faith or tear it down. Learn how to be intentional about creating relationships that will grow your faith, and available for God to use in bringing others further along their faith journey as well.