

THE EVERYDAY DISCIPLE

3 Questions That Define
The Christian Life

SMALL GROUP GUIDE
WEEK ONE



The Big Idea

Belief of faith is the foundation of our lives. The question is, belief in what and faith in whom? Your answer to this question is the answer to every other question in your life, ultimately resulting in life or death. Join us this week as we discover a deeper understanding of belief and how God changes our life by changing how we think.



Things to Remember

“If you try and change your life without a new heart, it won’t work.”

“You learn how to walk in His ways through His word.”



Next Steps

- This week, we want to encourage you to do a couple of things. First, take a few moments to sit down and think of 2-3 practical goals for your life over the next few months. Then, write down how you are going to be intentional in your actions and mindset on how you are going to meet those goals. How can you change your thinking to create more “life” and less “death” in your life? Truly reflect on these goals and set a date to come back to them to see how your perspective has changed.



Discussion Questions

1. **Discuss** How have you experienced God changing your life by changing the way you think? Share an example from your own life.
2. **Discuss** Reflect on the passage in Romans 12:1-2. How does the idea of giving your body to God as a living and holy sacrifice relate to changing the way you think?
3. **Discuss** Reflect on the passage in Ephesians 6:11 which emphasizes the importance of putting on the armor of God in order to stand firm against the strategies of the devil. How can this passage help you to be more intentional about your thoughts and beliefs in the midst of spiritual warfare?
4. **Discuss** In what ways do you tend to focus on behavior modification rather than inner transformation? How can the passage in Romans 8:11 help you shift your focus to the work of the Holy Spirit in your life?

Key Verse

Romans 12:1-2, Ephesians 6:11, Romans 8:11