

# Participant Guide

**2:52**  
**EQUIPPING STUDENTS  
WITH BIBLICAL TRUTH**

**A Student Discipleship Course**



# Participant Guide & Overview

Being a teenager and a student is an important season of life. It's a time where we grow and mature as we begin to understand independence, responsibility, and how to face real-world challenges. Studies show that the years spent in middle school and high school are the most personally formative years of our entire lives.

*2:52* is a discipleship course that equips middle school and high school students with the objective truth of God's Word to help them grow in wisdom, and favor with God and man just like Jesus did in Luke 2:52.

## **Objectives**

In the 252 Student Discipleship Course, you will be equipped with biblical truth that you can use in everyday life.

In this course, you will be:

- Challenged to grow by learning a Biblical Worldview
- Equipped to serve in the Local Church
- Empowered to lead alongside other students

## **Participation**

To get the most out of this course, it is important that you adhere to the following:

- Complete and return all 10 Session study guides
- Attend a membership event or social & join a Serve Team
- Promptly communicate to our student team if you must miss any meetings, activities, or assignments. 99% of the time special accommodations can be made. Just communicate!
- Graduate the course by attending a scheduled 2:52 Graduation during a weekly service

## **Activities & Assignments**

### **Session Videos & Study Guides**

Each session of this course will help you build a biblical foundation for your life by covering topics that are relevant and apply to what you're going through today. After you complete each session, you must return your completed session study guide to the student kiosk during one of our weekly services to receive your next study guide.

### **Join a Serve Team**

All of us were created by God to make a difference in the life of another person. God has a place for you where your unique abilities and passions can touch the lives of others. It is the responsibility of church leaders to equip Christians to serve through works of service.

### **Serve Team Participation**

You will be required to serve at least once a month on one of our service teams. Prior to completion and graduation, you must have served at least 7 times.

### **Regular Communication**

Each week a member of our student team will be reaching out and connecting with you to help you process what you're learning and to answer any questions they may have about that week's topic. We ask that you make time to connect with our student team as you progress through the course.

## **Study Materials**

The course is free of charge, but each student must complete all activities and requirements to graduate. To get started, register in person and pick up your first study guide at the student table during a weekly service. We ask that in addition to the materials provided, you also have a paper Bible to follow along as well as a notebook and a writing utensil to take notes.

Name:

Start Date:

<b>Course – Schedule &amp; Assignments</b>		
<b>Sessions</b>	<b>Topics</b>	<b>Assignments</b>
Session One	BUILT To Last	<input type="checkbox"/> Complete Session 1 Video & Study Guide <input type="checkbox"/> Return Study Guide to Student Table <input type="checkbox"/> Receive Session 2 Study Guide  <input type="checkbox"/> Served on a Serve Team
Session Two	MIND Over Matter	<input type="checkbox"/> Complete Session 2 Video & Study Guide <input type="checkbox"/> Return Study Guide to Student Table <input type="checkbox"/> Receive Session 3 Study Guide  <input type="checkbox"/> Served on a Serve Team
Session Three	SOUL Weight	<input type="checkbox"/> Complete Session 3 Video & Study Guide <input type="checkbox"/> Return Study Guide to Student Table <input type="checkbox"/> Receive Session 4 Study Guide  <input type="checkbox"/> Served on a Serve Team
Session Four	HIGHS & Lows	<input type="checkbox"/> Complete Session 4 Video & Study Guide <input type="checkbox"/> Return Study Guide to Student Table <input type="checkbox"/> Receive Session 5 Study Guide  <input type="checkbox"/> Served on a Serve Team
Session Five	SWEAT Equity	<input type="checkbox"/> Complete Session 5 Video & Study Guide <input type="checkbox"/> Return Study Guide to Student Table <input type="checkbox"/> Receive Session 6 Study Guide  <input type="checkbox"/> Served on a Serve Team

Session Six	Love, SEX, & Dating	<input type="checkbox"/> Complete Session 6 Video & Study Guide <input type="checkbox"/> Return Study Guide to Student Table <input type="checkbox"/> Receive Session 7 Study Guide  <input type="checkbox"/> Served on a Serve Team
Session Seven	Epic FAIL	<input type="checkbox"/> Complete Session 7 Video & Study Guide <input type="checkbox"/> Return Study Guide to Student Table <input type="checkbox"/> Receive Session 8 Study Guide  <input type="checkbox"/> Served on a Serve Team
Session Eight	CHURCH Family	<input type="checkbox"/> Complete Session 8 Video & Study Guide <input type="checkbox"/> Return Study Guide to Student Table <input type="checkbox"/> Receive Session 9 Study Guide  <input type="checkbox"/> Served on a Serve Team
Session Nine	Winning HABITS	<input type="checkbox"/> Complete Session 9 Video & Study Guide <input type="checkbox"/> Return Study Guide to Student Table <input type="checkbox"/> Receive Session 10 Study Guide  <input type="checkbox"/> Served on a Serve Team
Session Ten	HONOR First	<input type="checkbox"/> Complete Session 10 Video & Study Guide <input type="checkbox"/> Return Study Guide to Student Table <input type="checkbox"/> Attend a 2:52 Graduation Ceremony  <input type="checkbox"/> Served on a Serve Team

\*These dates and topics are subject to change. Stay connected to the student team for updates and changes should they occur.

## **SESSION OVERVIEWS:**

### **Session One – BUILT to Last**

The Bible is more than a history book or a library of ancient text: it serves as the foundation for us as Christians. Building our lives on God's values rather than the world's values is like building a house on rock versus on sand: one is solid and sturdy, one is wavering and leads to downfall. In this session, we'll talk about why the Bible can be trusted and how you can apply its truth to your life.

### **Session Two – MIND Over Matter**

Our minds play a bigger role than we think. Oftentimes, success in life isn't just about talent, or even skill: it's about how we think and the attitudes we adopt. In this session, we break down the power of the mind and find biblical solutions to the temptations and mind-traps we face.

### **Session Three – SOUL Weight**

When we decide to follow Christ, our spirit is transformed, and we're empowered to live a different life than we did before. But it's not enough to have your spirit be born again, we must deal with our soul and body, too. In this session, we'll break down the truth of who we really are – spirit, soul, & body – and how we can live more like Christ from the inside-out.

### **Session Four – Highs & LOWS**

Jealousy. Joy. Anger. Sadness. Happiness. Revenge. Lust. We've all been "in our feelings" before, but what do we do then? Our emotions are real, but they are rarely true. In a world that says, "follow your feelings", we need to know how to replace the lies we find ourselves believing with the truth of God's Word. In this session, let's unpack the truth about these mind monsters and how to process them in a healthy, God-honoring way.

### **Session Five – SWEAT Equity**

Diligence can be defined as "a careful and persistent work or effort." The matter of the fact is: it takes hard work to get where you want to go. However, if we're able to apply diligence and biblical stewardship in our everyday lives and in our finances: we're unstoppable. In this session, we break down a few tactics to help us be better stewards and how to maintain "the grind" in a healthy way.

## **Session Six – Love, SEX & Dating**

Love - just think about that word. That one word can make a heart flutter uncontrollably. It can make the toughest man blush. It can make jocks cry and girls jump for joy. The world is almost obsessed with this thing called love. In this session, let's look at the truth about sex, the dangers of sexual immorality, and the purpose of marriage.

## **Session Seven – Epic FAIL**

Nobody's perfect. We all make mistakes and miss the mark: on assignments, on tests, in our relationships, with our parents. But what are we supposed to do when we fail? In this session, let's take a look at the life of Peter and learn what it means to fail forward and make the most of our mistakes.

## **Session Eight – CHURCH Family**

The local church is more than a building or an activity; it's a family we can belong to. The relationships and connections we make play a critical role in helping us become who God has created us to be. In this session, we break down the importance of the local church and the power of community.

## **Session Nine – Winning HABITS**

The English paper is due Tuesday. You're serving in Vintage Kids for Mid-Week Service on Wednesday. Also, there's a football game on Friday. As a student, you have a lot going on and it can be easy to lose track of everything on your plate. In this session, let's talk about how to apply wisdom when it comes to setting goals and managing our time.

## **Session Ten – HONOR First**

What does it mean to honor authority? What does the Bible say about how we treat others, our teachers, parents, pastors, and friends? What do we do when they are less than honorable and how can we honor God above it all? Discover the rewards of honor as your relationships develop over time.