

Discuss When we face pressure, our tendency, in the flesh, is to question, murmur, and complain. How does reliance on God's strength allow us to respond differently?

Discuss In Exodus 14:15 God says "*Why are you crying out to me?*". He makes it clear that He expects us to take action. Reflecting on your life, where do you need to take action and what does that look like?

Discuss How can you combat those things that get in your way from taking action? Discuss a plan of action.

2. **Read** *Genesis 39:20-23*

Discuss How did God bless Joseph through his life pressure?

For Further Study

Read Ephesians 6:10-12, John 10:10, Matthew 16: 21-23, Matthew 22:15-21, 1 Samuel 17, Genesis 37 and 39-45, Exodus 2, Exodus 13-14 and Deuteronomy 8:2.